

Wodensborough Ormiston Academy



Year 7 Future Careers Programme (2025–2026)

Week	Careers Framework	Benchmarks	Tutor time activities	Embedding
1	Induction Day 2025			
2 & 3	Manage career	1, 3	Introduction to Careers who-am-i greenwashing-isnt-cool#	Introducing the careers education programme/Discovery
4	Grow throughout Life	2,3,8		Supporting Recycle Week
5	Grow throughout life	3	My Strengths	Exploring personal strengths
6	Balance Life and Work	1,2,3	what-is-a-work-life-balance	Wellbeing & Mental Health
7	Create opportunities	3,4	Entrepreneurs	Case study: entrepreneurship
8	Addressing the needs	3	Reflect and review/WOA & Community challenge/Unifrog onboarding	Volunteering and Eco/environment
9	Manage career	1,2	STEM ACTIVITY WEEK	ARMY DAY- (4/11/2025)
10	Explore possibilities	2,4	Exploring Careers	Career fact sheets
11	Create opportunities	2	Labour Market	UK industry map
13	Explore possibilities	4,5	Subjects → Careers	Subject → career links
14	Explore possibilities	1,2,3	exploring-possibilities-dream-jobs	Exploring Dream Jobs
15	Addressing the needs	3	Review and reflect – careers quiz	Careers - House competition
21	Explore possibilities	2,5,7	What is an Apprenticeship?	National Apprenticeship Week
22	Manage Career	7	Apprenticeships vs Uni	Apprenticeship vs Uni sorting
23	Explore possibilities	1,2,4	National Careers Week	National Careers Week
24	Manage career	1,2,3	what-is-a-career	Unifrog PPT
25	Explore possibilities	7	Sixth Form & College	Exploring pathways
26	Explore possibilities	7	T Levels	Presentation – external
27	Addressing the needs	3	Reflect and review/WOA & Community challenge/Unifrog onboarding	Support National Volunteers week
28	Grow throughout life	3,3,8	Review week	Preparing for transitions
31	Manage careers	1,3, 8	Thinking about my next steps	Future planning – transitions
Summer break				