Year 10: Smart Start programme



Grow throughout life	Explore possibilities	Manage career	Create opportunities	Balance life and work	See the big picture
Grow throughout life by learning and reflecting on yourself, your background and your strengths	Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.	Manage your career actively, make the most of opportunities and learn from set backs	Create opportunities by being pro- active and building positive relationships with others	Balance your life as a worker and/or entrepreneur with your wellbeing other interests and your involvement with your family and community	See the big by paying attending to how the economy, politics and society connect with your own life and career
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WC	Careers Framework- learning outcomes	Benchmarks	I can do statements	
Week 1 14 th Sept	Taking steps to achieve in GCSEs/vocational subjects (Review action planning)- Induction day	Grow throughout life 1, 3, 4	I can set personal and learning targets to build upon these strengths rather than focus on my weaknesses	
Week 2 21 st Sept	Positively engaging in learning and taking action to achieve good outcomes	Grow throughout life 1, 4	I can keep and maintain my career action plan highlighting experiences and achievements, reflecting on what I have learned	
Week 3 28 th Sept	Preparing for a WEX placement	Create opportunities 1, 2, 5, 6	I can assess my skills in being enterprising, in and out of school, and discuss these with my tutor when completing my career action plan targets	
Week 4 5 TH October	Researching the range of workplaces and what it is like to work there	Manage career 1, 5, 6	I can discuss with my tutor/ mentor/adviser what I need to do and plan for in taking control of my own career over the next	
Week 5 12 th October	Work experience planning	Manage career 1,5,6	5 years	
Week 6 & 7 2nd November	Developing knowledge of rights and responsibilities	Grow throughout life 1,5	I can discuss the role of employers in 'making reasonable adjustments to their workplaces to overcome barriers experienced by disabled people' under the Equality Act 2010	
Week 8 9 th November	Work experience planning- The Big question- employability skills	Grow throughout life 1, 6	I can evidence how I apply and develop key employability skills through work-related activities	
Week 9 16th Nov	Self determination	Manage career 1, 3	I can draw on previous experiences that I and others had whe making decisions at 13+ and suggest how the lessons learnt ca	
Week 10 23 rd Nov	Considering how they want to move through different life stages and manage different life roles	Manage career 1	be applied to 16+	
Week 10 30 th Nov	Life is a balancing act	The big picture 1, 3	I can analyse stories in the news about the factors that affect the mental health of workers	
Week 12 14 th Dec	Work experience planning- interview practice	Manage careers 1, 5	I can practise using three main styles of communication and conflict resolution (i.e. being passive, assertive or aggressive) by taking part in role plays	
Week 13 4 th Jan	Aspire to HE programme FE in contrast to HE- session 1	Balance 1, 7	I can reflect on attending a careers fairs (physically/live) to	
Week 14 11 th Jan	Aspire to HE Programme What does FE entail?- session 2	Balance life and work 1,7,8	research the implications of choosing one pathway over anothe	
Week 15 18 th Jan	Aspire to HE programme What are the benefits of HE?- session 3	Grow throughout life 1, 7	I can set personal and learning targets to build upon these strengths rather than focus on my weaknesses	
Week 16 25th Jan 2022	STEM session 1 Led by STEM co coordinator	Create opportunities 1, 4, 7	I can research the opportunities for volunteering e.g. through the National Citizen Service, local websites and other organisations and plan how I will participate	
Week 17 1st Feb 2022	Voting – social action/enrichment Led by enrichment lead.	Create opportunities 1, 2, 7	I can draw up a list of questions that I want to ask 'stallholders' who I will meet at a forthcoming skills show, analyse the answers and record my thoughts/ decisions in my career plan	
Week 18 8th Feb 2022	STEM session 2 Led by STEM co coordinator	Create opportunities 1,2, 7	I can research the opportunities for volunteering e.g. through the National Citizen Service, local websites and plan how I will participate	

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Week 19	STEM session 3	Create opportunities	I can research the opportunities for volunteering e.g. through	
28 th Feb 2022	Led by STEM co coordinator	1, 2, 4	the National Citizen Service, local websites and plan how I will participate	
Week 20 27 th Feb	Induction session back to school Work experience/employability and the law	Manage careers 2, 4, 6	I can draw on previous experiences to make decision about my work experience.	
Week 20 7 th march	National Careers Week.	1, 2, 4, 5, 7	Activities throughout the week	
Week 21 14 th March	Aspire to HE programme: session 5: What are the opportunities?	Create opportunities 1, 7	Calculate the cost of higher education against an apprenticeship and how the return on their investment can be managed	
Week 22 21 st March	Aspire to HE programme Session 4/5	Create opportunities 1, 7	Calculate the cost of higher education against an apprenticeship and how the return on their investment can be managed	
Week 23 11 th April	Aspire to HE programme: session 6: What are the costs?	Balance life and work 1, 2, 7	I can calculate the cost of higher education against an apprenticeship and how the return on their investment can be managed	
Week 24 18 th April	Researching careers Led by connexions advisor	Explore possibilities 1, 8	I can understand what impartiality means and how it is applied to my own personal circumstances	
Week 25 May 10 th	Update career action plan- the journey so far	Grow throughout life 1, 3	I can keep and maintain my career action plan highlighting experiences and achievements, reflecting on what I have learned	
Week 26 May 17 th	Work experience and the law Led by careers leader/college leaders	Growth throughout life 1, 8	I can discuss the role of employers in 'making reasonable adjustments to their workplaces to overcome barriers experienced by disabled people' under the Equality Act 2010	
Week 27 June 7 th	CV workshops- session 1	Manage career 1, 8	I can discuss my personal story so far and project it into the new future to show how I am building on my interests and strength I can list the main sections/ headings on a CV and the 'do's' an 'don'ts' on how to complete them following an employer-led workshop	
Week 28 June 14th	CV workshop – session 2	Manage career 1, 8		
Week 29 June 21st	Financial capability – session 1	Explore possibilities 1, 2	I can use comprehensive websites to research local LMI and identify current trends in the local and regional area over the next five years	
Week 30 July 5 th	Financial capability – session 2	Explore possibilities 1, 2	I can analyse national and local data on the destinations of last year's leavers and consider possible implications for my own plans	
Week 31 July 12th	Preparing for WEX	Grow throughout life 1, 5, 6	I can evidence how I apply and develop key employability skills through work-related activities	
Week 32 July 18 th – 24th	WEX week	Balance and life 6	I can apply this information to ensuring I am following health and safety guidelines whilst on a work experience placement and record these in my work experience diary	