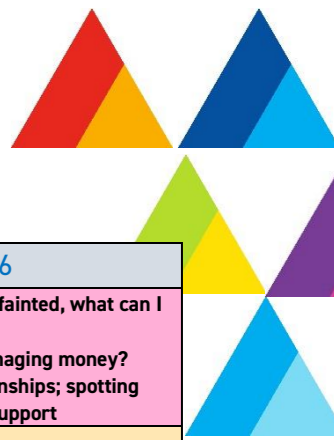
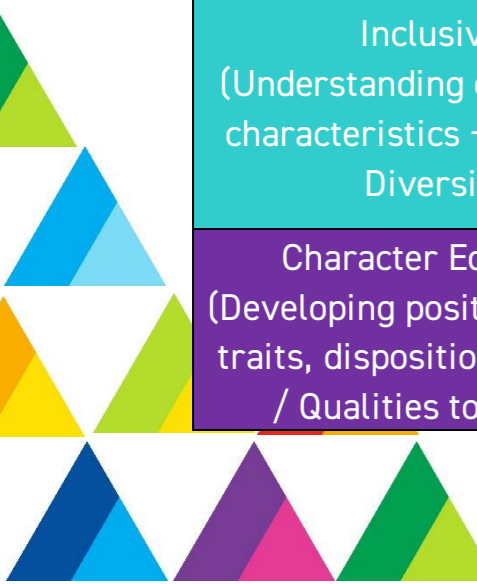




YEAR 8 PERSONAL DEVELOPMENT MAP



Subject	HT1	HT2	HT3	HT4	HT5	HT6
RSHE	-Do models really look like their Instagram posts? -ARC: SULP, Sleep + washing hygiene, back chaining	What's so bad about wanting to carry a knife? (A) Marriage + the law (A) Sexual harassment + sexual violence	Why should I care about how I behave online? (SB) Grooming + Exploitation (SB) Self Care	What are germs and how do I protect myself against them? -(SB) who is trustworthy? -How to be hygienic? -Oral hygiene	-Why should I care about other people and their beliefs? (SB) Respectful relationships - violent behaviour + coercive control	-HELP my friend has fainted, what can I do? Who cares about managing money? (A) Unhealthy relationships; spotting the signs + seeking support
Health Education	-What is strict food and why has it grown in popularity? -Body image, self-esteem, social media vs Reality (A) Healthy Eating	Introduction to drugs + alcohol education -drugs, alcohol + tobacco, the law, vaping, caffeine + energy drinks -Science; respiration topic -Harms of tobacco	(SB) Self care	Global Health issues -Germs -Vaccines -Antibodies -Allergies -What are germs? -vaccines and antibodies -Treatment and antibodies -Allergies -World health day (A) "I am telling my story": eating disorders (A) Health education; drugs, alcohol, tobacco		First Aid -Basic first aid -Defibrillators -CPR -(SB) Self care -What is first aid? Where can I get it? -Basic first aid -CPR - Defibrillators
Online + Offline Risks	-How do we keep myself safe online? -Using technology safety (A) staying safe in the new school year (A) Online safety	See RSHE Programme	Being Responsible online -Online behaviours -Tips on being safe -Digital footprint -Sexting + cyber bullying -(A) "I am telling my story"; Online safety	(SB) Sexting	(SB) Internet safety + sexual violence	(A) online safety
Mental Health	-Body image, self-esteem, social media vs Reality -Introduction to RSHE and well-being check in post COVID (SB) Weekly reminders of We care boards and sources of support	(SB) Weekly reminders of We care boards and sources of support	-Deaf + ASD identity (awareness week) (SB) Reaching out (in general) (SB) Reaching out (in school) (SB) Self-harm (A) Mental Well-being; signs of mental wellbeing concerns (SB) Weekly reminders of We care boards and sources of support	(A) Mental health + wellbeing; recognising + supporting others (A) "I am telling my story": eating disorders (SB) Bereavement (SB) missing people (SB) Anxiety (SB) Abuse (SB) Weekly reminders of We care boards and sources of support	(SB) Weekly reminders of We care boards and sources of support	(A) "I am telling my story": subject to TBC (SB) Weekly reminders of We care boards and sources of support
Citizenship/British Values	-Leadership for students, black tie "mini stewards"	(A) "I am telling my story": prevent + radicalisation focus (SB) Bonfire nights (SB) Democracy (SB) Rule of law (SB) radicalisation + extremism (SB) Prevent (SB) Liberty introduction to topic; what is crime? Legal and illegal drugs and risks Law related supply, risk of addiction Put the knife down	(SB) County lines + cuckooing (A) School values	-British values positives -links to brexit -Immigration -West side story racism; linked to BLM matter	-Human rights; What are the human right? The laws around human rights Project around human rights (A) School values (A) The law + FGM POLICE focus/delivered: (SB) young people + the law (SB) knife + weapon crime (SB) Bullying + hate crime (SB) drugs + county lines Prejudice and discrimination	(SB) BV reminder following OAT Survey
Inclusivity (Understanding of protected characteristics + Equality + Diversity)		(SB) BV Tolerance and respect	(A) Mutual respect + taking responsibility Random acts of kindness day		-Valuing equality, diversity + inclusion -understanding stereotyping + discrimination -smart start + RSE -Diversity and equality in the UK -Gender discrimination -Racism -Disability discrimination (SB) Pride - LGBTQ	WOA Pride
Character Education (Developing positive personal traits, dispositions + virtues / Qualities to flourish)	-Diana award; Anti-bullying ambassadors (A) school values (A) community; attendance + punctuality (A) Celebrating achievements	(A) Celebrating achievements (A) community + team word	(A) celebrating achievements	(A) Rewards, attendance, punctuality (A) Celebrating achievements	(SB) character education	(A) Rewards, attendance, punctuality



CEIAG (unbiased careers advice/experience of work/contact with employers/good choices)	self-awareness strengths and weaknesses decision making (A)striving for a successful future	developing personal financial capability to understand labour market trends identifying choices + opportunity using research tools and exploring options (A)Reward system	Identifying choices and opportunities Using effective research tools	Exploring careers education planning + deciding. Aspirations + pathways What do I want for my future and how can I get there? -What are my strengths? -What is the difference between a job and a career? -Barclays life skills	- Handling applications -talk careers ambassadors -Mailing a good impression Exploring careers -research tools	Valuing equality diversity and inclusion Stereotyping and discrimination
Cultural Capital The best that has been thought + said + helping pupils to an appreciation of human creativity + achievement	-Life outside Wednesbury; use of online visits to galleries, museums, historic, geographic and religious sites. -Study of artists, culture, food and world design in ADT.	Black History month - widening the positive message about Black History -Celebrating religious festivals. -Study of artists, culture, food and world design in ADT. -The importance of Remembrance	Holocaust Memorial - learning about wider genocides -Celebrating religious festivals. -Study of artists, culture, food and world design in ADT.	-Life outside Wednesbury; use of online visits to galleries, museums, historic, geographic and religious sites. -Study of artists, culture, food and world design in ADT. -PA - Lion, Witch and Wardrobe theatre trip.	-Learning about the Commonwealth Games and its origins. -Study of artists, culture, food and world design in ADT.	-Pride month - positive stories about LGBT community past and present. -Enrichment and reward visits to develop CC -Study of artists, culture, food and world design in ADT -PA - Ingestre Hall PA residential.
Student voice Opportunities for debate/discussion	-student voice -lunch with a leader -everyone has the opportunity for student voice -Facilitated by students	-Lunch with a leader -Diana Antbullying Ambassadors -LRC librarians -Proud Pals	-Lunch with a leader -Diana Antbullying Ambassadors -LRC librarians -Proud Pals	-Lunch with a leader -Diana Antbullying Ambassadors -LRC librarians -Proud Pals	-Lunch with a leader -Diana Antbullying Ambassadors -LRC librarians -Proud Pals -Oat make yourself heard	-Lunch with a leader -Diana Antbullying Ambassadors -LRC librarians -Proud Pals
Social Action <small>See RSHE Programme</small> (Community/ECO/inclusivity)	Well project ECO club (environmental social action) litter foes					Social action
Enrichments + Opportunities	-Friday PM - choices - succeed -PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club -Glee club - Monday lunch -Performing arts; pear pressure -etiquette of debate + listening -School production auditions and rehearsals -Baseline fitness testing	Homework club / maths games club -PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club -School Christmas musical what is performing art; musical theatre -British musical - songs from madness -Accent cockney rhyming -Job roles within performing arts creating industry	-PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club -fitness, stamina	-PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club -Midsummer night dream; equality -School production auditions and rehearsals	-PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club -performing arts; street dance - diversity; dance to demonstrate narrative of BLM matter. -School End of Year production	-PE CLUB -chess club -book club -humanities club -Language club -journalism club -craft club -maths club
National & Regional OAT competitions	-Math Olympics -Stem -Make yourself heard -PE competitions	-Math Olympics -Stem -Make yourself heard -PE competitions	-Math Olympics -Stem -Make yourself heard -PE competitions	-Math Olympics -Stem -Make yourself heard -PE competitions	-Math Olympics -Stem -Make yourself heard -PE competitions	-Math Olympics -Stem -Make yourself heard -PE competitions

(A) = Assembly
(SB) = Safeguarding Briefing