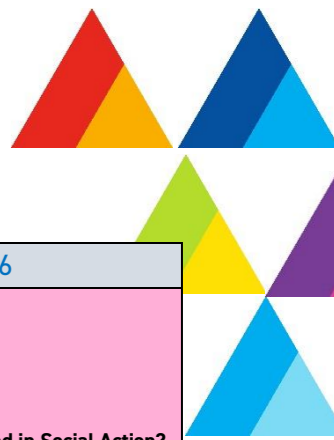




YEAR 7 PERSONAL DEVELOPMENT MAP



Subject	HT1	HT2	HT3	HT4	HT5	HT6
RSHE	<p>How do I take care of myself as I start secondary school? who am I? -Values, identity, different types of families, family identity -SULP & SEAL -Lego therapy – building relationships -Back chaining SULP (ARC) -introduction to RSHE all about me booklet –</p>	<p>How do I make and keep Positive Relationships? -(A)Marriage + the law -(A)Sexual harassment + sexual violence -Positive relationships -what makes a good friend? -Hygiene (intervention) -washing + sleep -Introduction to topic – what do I think is a positive relationship? -What makes a good friend? -How can I tell when a relationship is unsafe?</p>	<p>Help I am changing! How do I stay healthy? (SB) Grooming + Exploitation-(SB) Self Care -Reproduction -changing, adolescent body -puberty, hygiene, self-esteem</p>	<p>How do I stay safe? (SB) who is trustworthy? -What is risk?</p>	<p>What does it mean to be a British citizen? (SB)Respectful relationships – violent behaviour + coercive control</p>	<p>How can I get involved in Social Action? (A) Unhealthy relationships; spotting the signs + seeking support -Healthy relationships and friendships</p>
Health Education	<p>-How do I prepare and cook food individually? -Healthier dishes (A)Healthy Eating</p>	See RSHE Programme	-Healthy diet (SB)Self care	(A) "I am telling my story": eating disorders (A) Health education; drugs, alcohol, tobacco	-World health day	(SB) Self care
Online + Offline Risks	<p>-Online safety (A)staying safe in the new school year (A)Online safety</p>	<p>-Consent online + offline - how to keep safe -What makes a good friend online and offline?</p>	(A) "I am telling my story"; Online safety	<p>-online + offline risks (how do I stay safe?) (SB) Sexting -Road safety? -Do I think I am safe? -Railway safety -Water safety -Online safety</p>	(SB) Internet safety + sexual violence	(A)online safety
Mental Health	<p>-Settling in well-being check (SB) Weekly reminder of We care boards and where to access support</p>	(SB) Weekly reminder of We care boards and where to access support	<p>-Deaf + ASD identity (awareness week) (SB) Reaching out (in general) (SB) Reaching out (in school) (SB) Self-harm (A) Mental Well-being; signs of mental wellbeing concerns -Mental health and changes (SB) Weekly reminder of We care boards and where to access support</p>	(A) Mental health + wellbeing; recognising + supporting others (A) "I am telling my story": eating disorders (SB) Bereavement (SB)missing people (SB)Anxiety (SB) Abuse (SB) Weekly reminder of We care boards and where to access support	(SB) Weekly reminder of We care boards and where to access support	<p>-self awareness - well being (SB) Weekly reminder of We care boards and where to access support</p>
Citizenship/British Values	<p>-Human rights; What are the human right? (SB)Bonn Fire nights Project around human rights</p>	(A) "I am telling my story": prevent + radicalisation focus (SB)Bonn Fire nights (SB) Democracy (SB) Rule of law (SB) radicalisation + extremism (SB) Prevent (SB) Liberty	<p>-(SB) County lines + cuckooing -(A)School values -(SB)police focus; focus on law but also risks -(SB) young people + the law -(SB)knife + weapon crime -(SB) Bullying + hate crime -(SB) drugs + county lines</p>	<p>-British values positives -links to Brexit -(SB)immigration -West side story racism; linked to BLM matter</p>	<p>-Being a British citizen -politics in the UK -What is Democracy? -government laws, multi-cultural Britain -What are my rights? -voting, elections, political parties -How does our government work? -How do laws work? -British values</p>	(A)School values (A)The law + FGM
Inclusivity (Understanding of protected characteristics + Equality + Diversity)	<p>-Who am I? Values and identity -Who am I? family identity -Different types of families</p>	See RSHE Programme Bullying ½ -bullying 2/2 (SB) BV Respect and tolerance	-(A) Mutual respect + taking responsibility	<p>-Value, equality, diversity, inclusion -understanding stereotyping + discrimination -smart start + RSE -(SB)Pride - LGBTQ</p>	-What makes me unique?	<p>-diversity, equality -prejudice, discrimination, gender discrimination, LGBT, Racism -What are my protected characteristics? WOA Pride (A) "I am telling my story": BLM</p>
Character Education (Developing positive personal traits, dispositions + virtues / Qualities to flourish)	<p>(A)school values (A)community; attendance + punctuality (A)Celebrating achievements -self-awareness -strengths -decision making -developing personal financial capability (A)striving for a successful future</p>	(A) Celebrating achievements (A) community + teamwork	<p>-What skills do I need to be the next Bear Grylls? -Self-improvement as a learner – learning to learn. (A) celebrating achievements -How have I changed at WOA?</p>	(A) Rewards, attendance, punctuality (A) Celebrating achievements	(SB)character education	<p>-progress + achievement (A) Rewards, attendance, punctuality -How can I be a good studier?</p>



CEIAG (unbiased careers advice/experience of work/contact with employers/good choices)	- (A) striving for a successful future Managing changes and transitions All about me, managing change from primary, developing academic confidence	(A) Reward systems Investigating jobs and Labour market information - Developing a basic understanding of financial capability	Self-improvement as a learner - learning to learn, what kind of learner am I and why homework?	- Valuing equality diversity and inclusion and making the most of CEIAG - what is a career, developing a career action plan, finding out about stem and labour market information	initiative + enterprise (smart start) Young enterprise and ambassadors, developing entrepreneurship through dragons' den, getting my first job and the importance of attendance and behaviour	Self-Awareness - managing well-being progress and achievement, planning for year 8, reviewing action plans and getting ready for summer
Cultural Capital The best that has been thought + said + helping pupils to an appreciation of human creativity + achievement	- Life outside Wednesbury; online visits to galleries, museums, historic, geographic and religious sites. - Study of artists, culture, food and world design in ADT - PA - opportunities to experience the theatre via Digital Theatre	- Black History month - widening the positive message about Black History. - Celebrating religious festivals. - Study of artists, culture, food and world design in ADT. - The importance of Remembrance	Holocaust Memorial - learning about wider genocides - Celebrating religious festivals. - Study of artists, culture, food and world design in ADT	- Life outside Wednesbury; use of online visits to galleries, museums, historic, geographic and religious sites. - Study of artists, culture, food and world design in ADT	Learning about the Commonwealth Games and its origins. - Study of artists, culture, food and world design in ADT	- Pride month - positive stories about LGBT community past and present. - Enrichment and reward visits to develop CC. - Study of artists, culture, food and world design in ADT PA - Ingestre Hall PA residential.
Student voice Opportunities for debate/discussion	- student voice - lunch with a leader - everyone has the opportunity for student voice - Facilitated by students	- Lunch with a leader - Diana Antibullying Ambassadors - LRC librarians - Proud Pals	- Lunch with a leader - Diana Antibullying Ambassadors - LRC librarians - Proud Pals	- Lunch with a leader - Diana Antibullying Ambassadors - LRC librarians - Proud Pals	- Lunch with a leader - Diana Antibullying Ambassadors - LRC librarians - Proud Pals	- Lunch with a leader - Diana Antibullying Ambassadors - LRC librarians - Proud Pals
Social Action See RSHE Programme (Community/ECO/inclusivity)	- well project - ECO club (environmental social action) - litter foes					- Social action
Enrichments + Opportunities	- Friday PM - choices - succeed - PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club - Glee club - Monday lunch - Performing arts; peer pressure - etiquette of debate + listening - School production auditions and rehearsals - Baseline fitness testing	Homework club / maths games club - PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club - School Christmas musical what is performing art; musical theatre - British musical - songs from madness - Accent cockney rhyming - Job roles within performing arts creating industry	- PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club - fitness, stamina	- PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club - Midsummer night dream; equality - School production auditions and rehearsals	- PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club - performing arts; street dance - diversity; dance to demonstrate narrative of BLM matter. - School End of Year production	- PE CLUB - chess club - book club - humanities club - Language club - journalism club - craft club - maths club
National & Regional OAT competitions	- Math Olympics - Stem - Make yourself heard - PE competitions	- Math Olympics - Stem - Make yourself heard - PE competitions	- Math Olympics - Stem - Make yourself heard - PE competitions	- Math Olympics - Stem - Make yourself heard - PE competitions	- Math Olympics - Stem - Make yourself heard - PE competitions	- Math Olympics - Stem - Make yourself heard - PE competitions

(A) = Assembly
(SB) = Safeguarding Briefing